



Sideline and Competitive Cheer Timeline

2019-20 School Season

Anytime

- Tryouts for sideline cheer teams
- Practice for sideline cheer teams

June 3, 2019 or last day of school

- 25 summer contact days may begin for competitive cheer
- May have choreographer, tumbling instructor, etc. that are not certified coaches work with team
- May learn competition routine
- May attend camp for competitive skills and/or sideline/crowd leading skills

Aug. 4, 2019 end of summer contact

- May no longer work on competitive elements exclusively
- May have instruction of skills for sideline cheer (attend a sideline camp, etc...)
- May practice for sideline season

October 28, 2019 competitive season begins

- Must have a competitive cheer tryout on or after this date
- All individuals instructing athletes, during a team activity, at an off-site facility or at the school (tumbling instructors/choreographers) must be a certified coach
- Non-school competition or practice (club teams) must cease 7 days after first competitive cheer practice

Feb. 8, 2020 competitive season ends

Please contact your local athletic director with questions regarding program rules and policies